**Infant Feeding Information**

**Breast milk and prepared formula shall be stored in covered containers, labeled with the child’s name and dated.**

Follow individual feeding schedules provided by the parent of each child who has not reached a developmental level, which enables them to eat on schedule.

Not introduce new or solid foods to any child without the consent of their parent(s), and as appropriate based upon their chewing and swallowing capability.

Hold infants younger than 6 months of age or who are unable to sit in feeding chairs while being fed.

Not hold more than one infant at a time to bottle-feed them

Not prop bottles

Not feed infants or children while in a crib, or while on rest mats, beds, cots, or sleeping bags.

Childcare personnel shall dispose of, or return to the parent, milk, formula, or food unfinished by a child, as directed by the parent.

**Breast milk shall be:**

* Used immediately or stored in the refrigerator no longer than 72 hours.
* Labeled as used and returned to the refrigerator after each feeding if there is any left-over in the bottle, if being returned to the parent; and
* Not fed to the child if left unrefrigerated for more than one hour.
* Thawed breast milk shall be used within 24 hours.

Frozen breast milk shall be labeled and dated and stored in a freezer at 0 degrees Fahrenheit for no longer than 6 months.

**To thaw breast milk, childcare program personnel shall:**

* + Place in refrigerator overnight; or
  + Defrost in a container of running cool tap water

**Prepared formula shall be:**

* Used immediately or stored in the refrigerator no longer than 24 hours.
* Discarded if not fed to an infant and left unrefrigerated for more than one hour; and
* Discarded after each feeding if there is any leftover in the bottle.

**To warm formula or breast milk, childcare program personnel shall:**

* Hold under warm running water; or
* Place in a bowl of warm water, a slow-cooking device, or a bottle warmer; and
* Gently swirl bottle to recombine contents.

**If a slow-cooking device, such as a crock pot, is used for warming infant formula, breast milk, or infant food:**

* It shall be out of children’s reach.
* The water temperature shall not exceed 120°F; and
* It shall be emptied, cleaned, sanitized, and refilled with fresh water daily.

If a bottle warmer is used for warming infant formula, breast milk, or infant food, it shall be out of children’s reach and used according to manufacturer’s instructions.